

Gathering List

Health & Fitness

Each day, you will do many exciting hands-on activities with your children. Most of the supplies you will need are included in the lesson bags inside your Experience Preschool Curriculum Kit.

The items that are not included are listed here for easy gathering. Many of these supplies can be adjusted to use items in your room that you have on hand. Feel free to be creative and resourceful. You might even choose to brainstorm alternatives with children.

Keep on hand:

- | | | |
|--|---|---|
| <input type="checkbox"/> Balls or beanbags | <input type="checkbox"/> Glue | <input type="checkbox"/> Pencils (colored and writing) |
| <input type="checkbox"/> Bins/buckets | <input type="checkbox"/> Hole punch | <input type="checkbox"/> Playdough |
| <input type="checkbox"/> Blankets | <input type="checkbox"/> Laptop or mobile device | <input type="checkbox"/> Scissors |
| <input type="checkbox"/> Blocks | <input type="checkbox"/> Magazines and newspapers | <input type="checkbox"/> Stapler |
| <input type="checkbox"/> Books | <input type="checkbox"/> Markers | <input type="checkbox"/> Stuffed animals and toys |
| <input type="checkbox"/> Boxes/baskets | <input type="checkbox"/> Mirrors | <input type="checkbox"/> Tape (clear, duct and masking) |
| <input type="checkbox"/> Camera | <input type="checkbox"/> Nature items | <input type="checkbox"/> Towels |
| <input type="checkbox"/> CD player | <input type="checkbox"/> Paint and paintbrushes | <input type="checkbox"/> Trays |
| <input type="checkbox"/> Chalk | <input type="checkbox"/> Paper (including scrap) | <input type="checkbox"/> Water |
| <input type="checkbox"/> Collage materials | | <input type="checkbox"/> Yarn/string |
| <input type="checkbox"/> Crayons | | |
| <input type="checkbox"/> Dishes and utensils | | |

LESSON 2

- ☐ Parachute or sheet

LESSON 3

- ☐ Tongs (optional)

LESSON 6

- ☐ Oven mitts
- ☐ Clear sheet protector or zip bag

LESSON 7

- ☐ Tongs
- ☐ Pouring utensils (funnels, measuring cups, sifters)

LESSON 8

- ☐ Parachute or sheet

LESSON 9

- ☐ Poster board or large paper
- ☐ Collage materials (optional)
- ☐ Timer

LESSON 10

- ☐ Simple puzzles (optional)

LESSON 11

- ☐ Scrap material

LESSON 12

- ☐ Old plastic bags

LESSON 14

- ☐ Photos of each child

LESSON 16

- ☐ Index cards
- ☐ Gauze or fabric strips

LESSON 17

- ☐ Timer (optional)

LESSON 18

- ☐ Whiteboard or paper
- ☐ Dry-erase marker

LESSON 20

- ☐ Calming music/sounds (optional)
- ☐ Binder (1 per child)
- ☐ Napkins

