

FAMILY NEWSLETTER

OUR WEEK WITH

experience
toddler

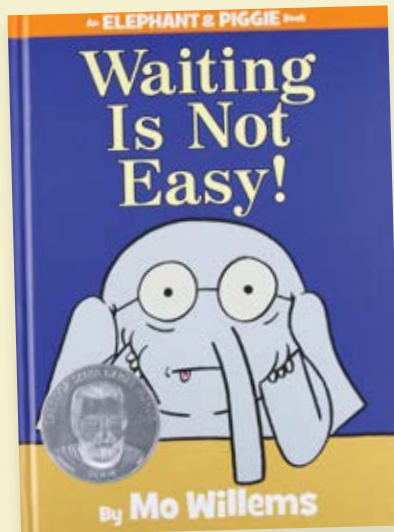


Fox and the Last Piece of Pie

TOGETHER

TIME

This week, let's read books about waiting and patience. Find this one at your library or on YouTube:



Waiting Is Not Easy!
by Mo Willems

Cinnamon Apples

What?

In the story of the week at school, Fox makes a pie and shares it with his friends. Cut and stir up some apples with your child.

How?

Cut up apples, then invite your child to shake on cinnamon. Yum! Eat and enjoy.

Why?

This activity supports both healthy nutrition and invites your child to help cook in simple food experiences.





Fox and the Last Piece of Pie Calendar



LESSON 1

language & literacy

BOOK DISCOVERY

Help Me Turn the Page

LLD 5 CONCEPTS OF PRINT

Pretend to read books. Practice turning pages from front to back.

math & reasoning

SORTING & SHAPES

Sorting Pie Hearts

MR 6 CLASSIFICATION

Pull a heart from a bag and put it in the pie tin with the matching color hearts.

music & movement

CREATIVE MOVEMENT

Squeaky Clean

★ SED 1 SELF-AWARENESS

Listen to a song and "wash" the table with foam heart "sponges."

art & drama

PAINTING

Heart Hands Painting

CA 3 VISUAL ARTS

Make two handprints to create a heart.

LESSON 2

PICTURES & LETTERS

Pouring Letters

★ LLD 4 ALPHABETIC KNOWLEDGE

Draw and look for the Letter Q card in the sand.

SENSORY PLAY

Sensory Mat Q

LLD 4 ALPHABETIC KNOWLEDGE

Play with dough on a mat and form the letter Q. Count foam hearts or dough pieces.

GROUP DANCE

Pass the Pink

SED 3 ATTENTION & PERSISTENCE

Sit in a circle and pass a pink pompom around to the song.

COLLAGING

Heart Collage

PD 2 FINE MOTOR

Glue heart confetti onto a bigger heart.

LESSON 3

COMMUNICATION

Quick Queen Bee

LLD 4 ALPHABETIC KNOWLEDGE

Talk about the queen on the Letter Q Card, then put the "queen bees" on a masking tape letter Q.

LIFE SKILLS

Chop & Cut

★ PD 3 SAFETY

Explore cutting playdough with a craft stick on a mat.

SOUNDS & SIGNS

Quick, Quick, Queen

LLD 1 LISTENING

Practice making the signs for "quick" and "queen" while listening to a song.

DRAMATIC PLAY

Little Apple Shaker

PD 2 FINE MOTOR

Make a shaker instrument that looks like an apple.

LESSON 4

STORY PLAY

Fox and the Last Piece of Pie

★ LLD 6 READING COMPREHENSION

Identify the characters in a story. Hold a character Story Piece and look for it in the book.

NUMBER PLAY

Number Pie Toss

MR 1 NUMBER SENSE

Count quantities up to six and toss that many pompoms into a pie tin.

COORDINATION

Share the Apple

PD 1 GROSS MOTOR

Explore tossing and catching a ball while the music plays.

COLORING

Letter Q Coloring

LLD 7 WRITING

Strengthen fine motor skills by using a swab to paint on the letter Q.

LESSON 5

ACTIVE LISTENING

Listen & Draw

★ LLD 1 LISTENING

Draw on a pie slice while listening to a story.

MEASURE WITH ME

Which Is Biggest?

MR 4 MEASUREMENT

Compare sizes and put objects in order from smallest to largest.

RHYTHM PATTERNS

Bowl Band

CA 1 MUSIC

Tap a beat on a bowl. Use craft stick or spoons to bang on the bowl slowly, then quickly.

STICKER ART

Fox's Sticker Story

PD 2 FINE MOTOR

Decorate a Story Scene with stickers.



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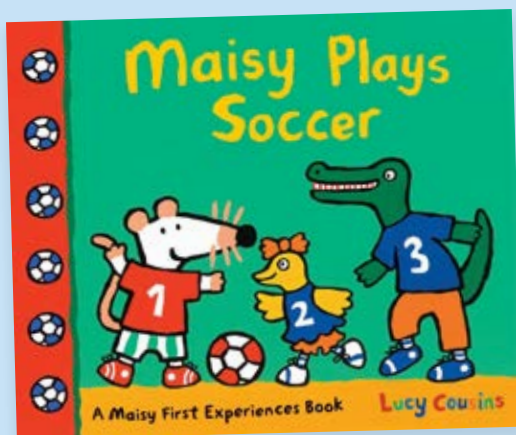
Sports

experience
toddler

TOGETHER

TIME

This week, let's read books about sports. Find this one at your library or on YouTube:



Maisy Plays Soccer

by Lucy Cousins

Roll Far

What?

In the story of the week, we learned about different types of balls. Roll balls back and forth with your child.

How?

Sit across from your child on the floor. Roll the ball in between your child's legs so they can catch it with their body. Scoot farther and farther away. Notice if your child rolls it in your direction and with more force so it reaches you.

Why?

This activity builds gross motor and social skills as you take turns pushing and catching the ball.



Sports Calendar

experience
toddler

language & literacy

LESSON 1

BOOK DISCOVERY Roll Along the Reading Path

LLD 5 CONCEPTS OF PRINT

Develop book-handling skills by following text from left to right.

math & reasoning

MEASURE WITH ME Speed Race Challenge

MR 4 MEASUREMENT

Explore and measure speed during silly races.

music & movement

RHYTHM PATTERNS Go Fast

★ CA 1 MUSIC

Dance expressively to the music while picking up hearts. Then feel your fast heartbeat.

art & drama

COLORING Ball Path Tracing

PD 2 FINE MOTOR

Trace over dotted line paths to improve fine motor control.

LESSON 2

PICTURES & LETTERS Push the Letter Puck

LLD 4 ALPHABETIC KNOWLEDGE

Pretend to play hockey and push a block into a goal. Match the letter on the block to the letter on the goal.

LIFE SKILLS Fill Up Cups

PD 4 PERSONAL CARE

Explore using a spoon to scoop up water and ice cubes to fill a cup.

SOUNDS & SIGNS Stop to Sleep

CA 2 DANCE & MOVEMENT

Listen and watch for the word "sleep" to be signed. Stop dancing and pretend to sleep until you hear or see the word "play" signed.

DRAMATIC PLAY Frog Jump

★ CA 4 DRAMA

Create a frog headband and dance around the room.

LESSON 3

ACTIVE LISTENING Up & Down Balls

LLD 3 PHONOLOGICAL AWARENESS

Imitate the sounds heard in a read-aloud story by moving a pompom up and down.

SORTING & SHAPES Kick & Roll

LLD 4 ALPHABETIC KNOWLEDGE

Roll a ball toward the pins and match the Letter Pin that was knocked down to the Phonic Photo Mat.

CREATIVE MOVEMENT Racing Scarves

CA 2 DANCE & MOVEMENT

Race around a circle with scarves without touching each other.

PAINTING Kickball

★ CA 3 VISUAL ARTS

Use bubble wrap to create texture on a kickball.

LESSON 4

STORY PLAY Show the Ball

LLD 6 READING COMPREHENSION

Listen actively and hold up the Story Piece when a character is named during a read-aloud.

NUMBER PLAY Toss Challenge

★ PD 1 GROSS MOTOR

Identify numerals to 6. Draw a numbered Ball Card, then toss a pompom at the matching Catcher Card.

COORDINATION Bounce Like a Ball

CA 2 DANCE & MOVEMENT

Dance and bounce freely to music.

COLLAGING Football Sewing

PD 2 FINE MOTOR

Thread yarn through holes and scribble on a football.

LESSON 5

COMMUNICATION Signing Sleep & Play

LLD 2 COMMUNICATION

Practice signing words while "playing" and "sleeping."

SENSORY PLAY GOAL!

LLD 1 LISTENING

Make playdough balls and roll them along the Sensory Mat's path to the goal.

GROUP DANCE Yoga Stretch

★ PD 1 GROSS MOTOR

Learn yoga poses and "swim" along with the music.

STICKER ART Matching Balls

LLD 2 COMMUNICATION

Put ball stickers next to the matching ball picture.



FAMILY NEWSLETTER

OUR WEEK WITH

Food

experience
toddler

TOGETHER

TIME

Hiding Fruit

What?

In the story of the week at school, we hunted for food. Play hide and seek with your child this week.

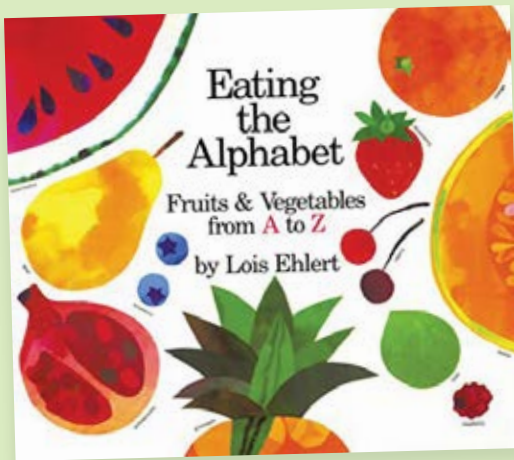
How?

Play together and look for a piece of fruit. Hide it when your child is not looking, then encourage them to hunt for it.

Why?

This activity supports logic and reasoning skills by reinforcing that the toy or fruit exists even if they can't see it. When they keep looking elsewhere, they practice deductive reasoning and problem-solving.

This week, let's read books about healthy eating. Find this one at your library or on YouTube:



Eating the Alphabet
by Lois Ehlert





Food Calendar



experience
toddler

language & literacy

math & reasoning

music & movement

art & drama

LESSON 1

BOOK DISCOVERY Guess the Food

LLD 5 CONCEPTS OF PRINT

Place a sticky note on each book page. Lift the flap and determine if a word or picture is hiding under it.

NUMBER PLAY Tweezer Fun with Grapes

MR 1 NUMBER SENSE

Count the pompoms and use tweezers to put them on the Counting Mats.

SOUNDS & SIGNS Carrots for Bunny

LLD 2 COMMUNICATION

Practice making the signs for "bunny" and "carrot" as the words appear in a song.

DRAMATIC PLAY Sandwich Art

★ PD 5 NUTRITION

Talk about healthy foods and arrange shapes to build a sandwich.

LESSON 2

PICTURES & LETTERS Letter G Go!

LLD 1 LISTENING

Roll a ball toward the letter G when prompted.

LIFE SKILLS Vegetable Stand

★ SS 2 CIVICS & ECONOMICS

Set up a pretend vegetable stand and explore buying and selling produce.

GROUP DANCE What Is on Your Head?

SED 4 SOCIAL RELATIONSHIPS

Take turns being the movement leader during the song.

STICKER ART Food Stickers

PD 2 FINE MOTOR

Decorate with food stickers and talk about favorite foods.

LESSON 3

STORY PLAY What's in the Bowl?

LLD 2 COMMUNICATION

Hide the Story Pieces in a bowl with a lid. Guess what food is in the bowl.

MEASURE WITH ME Fruit Basket Sorting

★ MR 4 MEASUREMENT

Compare and sort foam hearts by size.

CREATIVE MOVEMENT Heart Beat

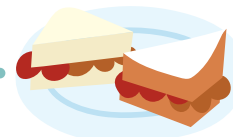
CA 1 MUSIC

Tap along to the beat of a song.

COLLAGING Purple Grape Collage

CA 3 VISUAL ARTS

Explore the color purple and make a grape collage.



LESSON 4

ACTIVE LISTENING What Type of Milk?

★ LLD 4 ALPHABETIC KNOWLEDGE

Spin and identify the letter. Put a pompom on the space with the matching letter.

SENSORY PLAY G Is for Gorilla

LLD 4 ALPHABETIC KNOWLEDGE

Play with dough on a mat and form the letter G. Make little grape playdough balls to place on the Sensory Mat for pretend grapes.

COORDINATION 5 Little Carrots

PD 2 FINE MOTOR

Show five fingers and count down along with the Carrot Rhyme.

COLORING Letter G Coloring

PD 2 FINE MOTOR

Color the letter G and pictures that begin with the /g/ sound.

LESSON 5

COMMUNICATION Where Is the Grape?

LLD 4 ALPHABETIC KNOWLEDGE

Ask "where" questions and play hide and seek with grapes while exploring the /g/ sound.

SORTING & SHAPES Healthy Plate Game

★ MR 7 LOGIC & REASONING

Sort and identify different foods and talk about building a healthy plate.

RHYTHM PATTERNS Roll the Melon

PD 1 GROSS MOTOR

Take turns rolling a ball back and forth while listening to a song.

PAINTING Watermelon Painting

CA 3 VISUAL ARTS

Paint a plate to look like a watermelon and make fingerprint seeds.



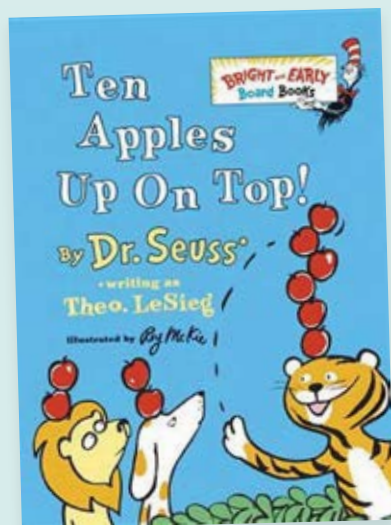
FAMILY NEWSLETTER

OUR WEEK WITH

Apple Action!

experience
toddler

This week, let's read books about apples.
Find this one at your library or on YouTube:



Ten Apples Up On Top
by Dr. Seuss

TOGETHER

TIME

Apple Directions

What?

In the story of the week, the main character puts apples on different parts of his body. Play a game of "Simon Says" and try putting a real apple on different body parts.

How?

Give every family member an apple. Call out different places on the body for your child to balance or put their apple. Demonstrate so they understand: "Put an apple on your head. Put an apple on your knee."

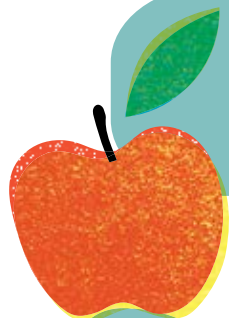
Why?

This activity supports listening and vocabulary skills as your child learns about the names of different body parts. Don't forget to try body parts such as eyebrows and armpits!



Apple Action! Calendar

experience
toddler



LESSON 1

language & literacy

BOOK DISCOVERY Apple Action Story

LLD 5 CONCEPTS OF PRINT

Explore the book and how to hold it right-side up. Use the pictures as clues to what is happening in the story.

math & reasoning

LIFE SKILLS Doctor's Bag

★ SS 1 CULTURE & COMMUNITY

Decorate a doctor's bag and tend to patients.

music & movement

SOUNDS & SIGNS A Kind Heart

SED 4 SOCIAL RELATIONSHIPS

Discuss kindness and practice making the signs for "heart" and "kind" while listening to a song.

art & drama

PAINTING Heart Stamping

CA 3 VISUAL ARTS

Stamp hearts onto a paper.

LESSON 2

PICTURES & LETTERS Ant on an Apple

MR 2 SPATIAL AWARENESS

Put ants on big and small letter A apple cards.

SORTING & SHAPES Peekaboo Match

MR 6 CLASSIFICATION

Hide foam hearts under stacking cups. Pick up a cup and see if the color of heart and cup match.

CREATIVE MOVEMENT Growing Tall

★ SED 2 SELF-REGULATION

Dance with a partner. Hold hands and move together to colored papers on different walls.

STICKER ART Apple Action Story Stickers

PD 2 FINE MOTOR

Decorate a Story Scene with stickers.



LESSON 3

ACTIVE LISTENING Apple Location Cards

LLD 1 LISTENING

Play a listening game and put an apple card on the body part named.

SENSORY PLAY A Is for Apple

LLD 4 ALPHABETIC KNOWLEDGE

Play with dough on a mat and form the letter A. Put apples in a tree and count the amount.

GROUP DANCE Hold Up the Berry

LLD 1 LISTENING

Listen for the color word(s) as the song plays and hold up a foam shape or pompom.

DRAMATIC PLAY Lifting Weights

★ SS 4 HISTORY & SENSE OF TIME

Make a pretend dumbbell and use it while exercising.



LESSON 4

STORY PLAY Apple Action with Me

LLD 2 COMMUNICATION

Retell the story with the Story Pieces.

MEASURE WITH ME Simple Scale

★ SCI 4 TECHNOLOGY

Build a scale and explore weight and measurement.

COORDINATION Heart Path

PD 1 GROSS MOTOR

Dance and improve balance by walking heel-to-toe on a masking tape path.

COLLAGING Shape Person Collage

CA 3 VISUAL ART

Collage shapes to make a person.

LESSON 5

COMMUNICATION Pie Dough Letters

LLD 4 ALPHABETIC KNOWLEDGE

Explore the letter A while playing with "pie dough."

NUMBER PLAY Stretch & Breathe

★ SED 2 SELF-REGULATION

Move a spinner and describe the stretch. Roll the die and hold the stretch to that count.

RHYTHM PATTERNS Apple on My Head

LLD 1 LISTENING

Follow movement prompts and dance to a song with a ball.

COLORING Letter A Coloring

PD 2 FINE MOTOR

Trace over the letter A and explore words that begin with the /a/ sound.